



# AUSTRALIAN SOCIETY OF HYPNOSIS 2016 ANNUAL CONGRESS

Port Douglas,  
Queensland,  
Australia



Thursday 15 –  
Sunday 18  
September 2016



 **Port Douglas**

“Port Douglas is just an hour’s drive north from Cairns in Tropical North Queensland via a spectacular coastal road that is surrounded by forest and the Coral Sea. The climate is seductive. Balmy days dissolve into tropical evenings with velvet starry skies.

It is the only place on Earth where two World Heritage listed jewels exist; the Great Barrier Reef and the rainforest of Daintree and Cape Tribulation. Refresh, restore and revitalise, in the aquamarine reef waters of the Coral Sea, the crystal creeks of Mossman Gorge, and the palm fringed golden sands of Port Douglas’ Four Mile Beach.

Discover the breathtaking northern tropics of Australia through pristine Daintree Rainforest walks and safaris, diving and snorkelling the reef and sailing the waterways. Be inspired by the amazing array of nature and wildlife and glorious simplicity. The tropics are a feast for the senses; the sights, sounds and tastes; you will never want to leave!”

The members and Committee of ASH Victoria, ASH W.A. and the Australian Society of Hypnosis invite you to join with us for our 46<sup>th</sup> Annual Conference, which will be held at the QT Resort, Port Douglas, Queensland, Australia, 15-18 September 2016.

ASH Victorian Branch Committee & Dr  
Di McGreal, President ASH Federal &  
Conference Chair



## **VENUE – QT RESORT, PORT DOUGLAS**

87-109 Port Douglas Road, Port Douglas, Qld

Tel +61 7 4099 8900

[reservations\\_portdouglas@qthotels.com.au](mailto:reservations_portdouglas@qthotels.com.au)

Set in lush tropical gardens, QT Port Douglas is located just minutes from the township of Port Douglas and Four Mile beach.

This quirky resort offers the best of all worlds. The World Heritage Rainforests, the majestic Daintree River, the creeks of Mossman Gorge, the palm fringed golden sands of the local beaches and the underwater wonders of the Great Barrier Reef are all just a stone's throw away.

World-class game fishing, diving, sailing, snorkelling and nature walks await you in this tropical paradise. Nearby, you'll find a variety of restaurants, bars and shops to suit all tastes and budgets. You can avail of the regular shuttle service that operates daily between the resort and the village at a nominal charge.

### **Parking & Directions**

From Cairns International and Domestic Airport, drive north along the Captain Cook Highway. Take a right onto Port Douglas Road and you'll see the resort on your left. QT Port Douglas is approximately a 50-minute drive from the airport.

Complimentary car parking is available for resort guests.



**DATES AND SCHEDULE OF ACTIVITIES****Thursday 15<sup>th</sup>****1300-1700 – Board of Education & Federal Council Committee Meetings****Thursday 15<sup>th</sup>****1700-1800 – Welcome Drinks – QT Resort****Welcome by Dr Di McGreal – President, ASH Federal & Congress Organising Committee****Friday 16<sup>th</sup>**

0900-0930

– Keynote Address – **Dr Michael Yapko**, Clinical Psychologist –  
Cognitive Style, Hypnotic Responsiveness and Mental Health

0930-1030

Workshop 1  
**Dr Alan Fahey**, Medical Practitioner –  
Informal Hypnosis: Waking suggestion, waking hypnosis**1030-1100 – Morning Tea**

1100-1230

Workshop 1 contd.  
**Dr Alan Fahey**, Medical Practitioner –  
Informal Hypnosis: Waking suggestion, waking hypnosis**1230 – Lunch**

1330-1500

Workshop 1 contd.  
**Dr Alan Fahey**, Medical Practitioner –  
Informal Hypnosis: Waking suggestion, waking hypnosis**1500-1530 – Afternoon Tea**

1530-1700

Workshop 1 contd.  
**Dr Alan Fahey**, Medical Practitioner –  
Informal Hypnosis: Waking suggestion, waking hypnosis**Moonlight Cinema (optional activity; recent release film)****Saturday 17<sup>th</sup>**

0900-1030

Workshop 2  
**Dr Michael Yapko**, Clinical Psychologist - Depression and Stress Generation: Applying  
Hypnosis to Help Depressed Clients Choose *This*, Not *That***1030 – Morning Tea**

1100-1230

Workshop 2 contd.  
**Dr Michael Yapko**, Clinical Psychologist - Depression and Stress Generation: Applying  
Hypnosis to Help Depressed Clients Choose This, Not That**1230 Lunch & 1300-1400 AGM**

1400-1530

Workshop 2 contd.  
**Dr Michael Yapko**, Clinical Psychologist - Depression and Stress Generation: Applying  
Hypnosis to Help Depressed Clients Choose This, Not That**1530 – Afternoon Tea**

1600-1700	Workshop 2 contd. <b>Dr Michael Yapko</b> , Clinical Psychologist - Depression and Stress Generation: Applying Hypnosis to Help Depressed Clients Choose This, Not That
<b>Conference Dinner (optional activity)</b>	
<b>Sunday 17<sup>th</sup></b>	
0900-1030	Workshop 3 John Poon, Health Psychologist Hypnosis, Addiction & Strategies That Work
<b>1030-1100 – Morning Tea</b>	
1100-1230	Workshop 3 John Poon, Health Psychologist Hypnosis, Addiction & Strategies That Work
<b>1230 – Conference Close – Delegates Depart by coach or own arrangements</b>	

**Send your completed Registration Form (see next page) to:**

ASH 2016 CONGRESS  
PO Box 1155  
FRANKSTON VIC 3199

- If paying by cheque, money order or bank draft, please enclose with Registration Form
- If paying by EFT, post Registration Form to the address at left and make Electronic Transfer to:

**Bank:** Westpac

**Account:** Australian Society of Hypnosis (Victorian Branch) Inc

**Swift Code:** WPACAU2S

**BSB Number:** 033-286

**Account Number:** 14-0631

**Reference/Description:** CO YOUR SURNAME

**E.g.:** CO McGREAL

**If paying by EFT, you can scan and email your registration form to:**

di@doctordi.com.au

**Any queries regarding the Conference?**

Email: di@doctordi.com.au

jo.fleischer@hotmail.com

janpsych@bigpond.com

**ASH 2016 CONGRESS – 15-18 SEPTEMBER 2016**  
**REGISTRATION FORM**

Title (please circle) Prof Dr Mr Mrs Ms Miss		
First Name	Last Name	
Phone (mobile preferred)		
Email (please print legibly)		
Address		
Suburb	Postcode	
Partner Name (if applicable)		
<b>Special Requirements</b>		
<b>NOTE: if you have special dietary requirements please notify the hotel when making your booking.</b>		
<b><i>No registrations include Congress Dinner</i></b>	<b><i>Members &amp; F/T Students (ID)</i></b>	<b><i>Non-members</i></b>
Super Early Bird Delegate registrations <b><i>Book &amp; pay by 1/03/2016</i></b>	..... @ \$690 each \$.....	..... @ \$790 each \$.....
Early Bird Delegate registrations <b><i>Book &amp; pay by 1/07/2016</i></b>	..... @ \$790 each \$.....	..... @ \$890 each \$.....
Delegate registrations <b><i>Book &amp; pay after 1/07/2016</i></b>	..... @ \$890 each \$.....	..... @ \$990 each \$.....
Welcome Function Partner Registration	..... @ \$75 each \$.....	..... @ \$75 each \$.....
Day Registration	..... @ \$350 each \$.....	..... @ \$450 each \$.....
Half Day Registration	..... @ \$200 each \$.....	..... @ \$300 each \$.....
Congress BBQ Dinner (optional extra)	Number: ..... @ \$60 each	\$
<b>TOTAL BEING PAID</b> (Your receipt will indicate GST component/s)	<b>TOTAL</b>	<b>\$</b>

***When completed, see previous page for payment and lodgement details***